










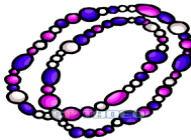






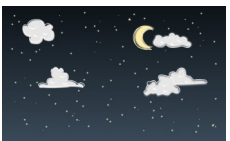









CAL Activities Calendar March 2025



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|--|--|--|--|
| | | | | | | 1 |
| 2 <i>Chair Yoga Starts Monday, March 3rd at 9.00am</i>  | 3 <i>Movie Monday 1-3pm</i>  | 4 <i>Breakfast Out -Friendly Diner 7.30am-11.30am</i>  | 5 <i>Social Club Mtg 2.00pm-3.00pm</i> <i>Fair Meeting 3.00pm-4.00pm</i>   | 6 <i>Ukulele 10.00am-11.00am</i> <i>French Lessons 2.00pm-3.00pm</i> | 7  | 8 |
| 9  | 10 <i>BP/Glucose 2.00pm-2.30pm</i> <i>Crafts with Lisa 1.00pm-3.00pm</i> | 11  <i>Bowling 2.00pm-4.00pm</i> | 12 <i>CAL Gals 1.00pm-2.30pm</i> <i>Guitar Lessons with Larry 1.00pm-2.00pm</i>  | 13 <i>Ukulele 10.00am-11.00am</i> <i>French Lessons 2.00pm-3.00pm</i> <i>Lunch Out and Escape Room Noon-6.00pm</i> | 14 <i>St Patrick`s Breakfast 9.00am-10.30am</i>  <i>Bingo 1.00pm-3.00pm</i> | 15  |
| 16 | 17 <i>Jewelry Making with Deb 1.00pm-3.00pm</i>  | 18  <i>History of Ogunquit Playhouse 10.00am-11.00am</i> | 19 <i>Peace of Mind 10.30am-Noon</i>  <i>Game Day-CAL Voice 1.00pm-4.00pm</i> | 20 <i>Ukulele 10.00am-11.00am</i> <i>French Lessons 2.00pm-3.00pm</i> <i>Haircuts with Susan 1.30pm-4.00pm</i> | 21 <i>CAL Vinyl 2.00pm-3.00pm</i>  | 22 <i>Chowder Fest 2.00pm-4.00pm</i>  |
| 23  | 24 <i>Book Club 10.00am-11.30am</i>  <i>White Pine-Indoor Tracking 10.00am-11.30am</i> <i>Van Gogh Experience 7.00am-5.00pm</i> | 25  <i>Late Night @ CAL 4.00pm-7.00pm</i> | 26 <i>Guitar Lessons with Larry 1.00pm-2.00pm</i>  <i>Registration Day Resident</i> | 27 <i>Ukulele 10.00am-11.00am</i> <i>French Lessons 2.00pm-3.00pm</i>  <i>Dinner Our @ Locals 3.45pm-7.30pm</i> <i>Registration Day Non-Resident</i> | 28  | 29  |
| 30 | 31 <i>Cornerstone VNA Stress Management with Katie Michaud 1.30pm-3.00pm</i>  | | | | | |