

CAL Activities Calendar September 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1		3 CAL Volunteer Clean-up Day 8.30am-2.00pm	4 Social Club Meeting 1.00pm-2.00pm Holiday Fair Meeting 2.00pm-3.00pm	5	6	7
	9 Movie Monday 1.00pm-3.00pm Blood Pressure/Glucose 2.00pm-3.00pm	Bowling 2.00pm-4.00pm	11 SARSSM Training 11.00am-Noon CAL Gals 1.00pm-2.30pm	12 French Lessons 2.00pm-3.00pm Review	Happy Friday	14
	16 Portfolio Session #2 10.00am-Noon Book Club with Lisa 10.00am-11.30am	17 Breakfast out @ Hebert's 7.45am-11.30am	18 Eating Healthy when Eating Out w/Brianna 10.00am-11.00am My Healthy CHECKLIST My Healthy CHECKLIST	19 French Lessons 2.00pm-3.00pm (Location TBD) Center Closes at Noon	20 Stake-Out 11.00am-1.00pm Bingo 1.00pm-3.00pm	21
22	23 Mt A Scavenger Hunt 9.00am-11.00am	24 Late Night @ CAL 4.00pm-8.00pm Drive-In Movie Night 8.00pm-9.30pm	25 Gems of 26 Trip 7.45am-7.00pm Peace of Mind 10.30am-Noon	26 Tech help 11.00am-2.00pm Haircuts by Susan 1.30pm-3.00pm Dinner-Out @ Fogarty`s 3.45pm-7.30pm	27 Fall Fest/Breakfast 8.00am-Noon Theatre Group/ Variety Show 2.00pm-3.00pm Birthday Cake Friday 12.15pm	Alzheimer`s Walk 8.00am-11.00am
29	30 Senior Living Care 10.00am-11.00am Crafts with Lisa 1.00pm-3.00pm		October 2 Resident Registration	October 3 Non-Resident Registration		