

REGISTRATION FOR MARCH 2025 MEALS & PROGRAMS

Please complete the information below.

FULL NAME (please print): _____

Date & Time: _____ Preferred Phone w/area code: _____

PROGRAM REGISTRATION: Please check each program(s) you desire to register for below. If a program is offered more than one day a week, please indicate the day(s) you desire to participate. Note, you do not register for drop-in programs.

Creative Arts:

- Jewelry Making with Deb Meyers (Mon., March 17 - \$10, 1-3pm)
- Crafts w/Lisa – Easter Bunny (Mon., March 10, - \$10, 2-4pm)

Education & Health:

- Stress Management Cornerstone (Monday, March 31 – free, 1:30-3pm)
- Tech Help (Thursday, March 27 - free, 11am-2pm)

Exercise:

- Activity Punch Card (\$5/class 5 punch cards - \$25.00)
- Activity Punch Card (\$5/class 8 punch cards - \$40.00)

Sports:

- Candlepin Bowling (Tuesday, March 11 - \$14.00, 2-4pm)

Nature & Outdoor Recreation:

- White Pine – Indoor Tracking
(Monday, March 24 - free, 10-11:30am)

Trips:

- Breakfast Out – Friendly Diner, Pittsfield, NH
(Tuesday, March 4 - \$5, 7:45-11:30am)
- Lunch Out - None in March
- Dinner Out – Locals Restaurant, No. Hampton, NH
(Thursday, March 27 - \$5, 3:45-7:30pm)

Other Programs:

- BINGO (Friday, March 14 - free, 1-3pm)
- Book Club with Lisa (Monday, March 17 - free, 10-11:30am)
- CAL's Coffee House Vinyl Café (Friday, March 21 – free, 2-3pm)
- CAL Gals Club (Wednesday, March 12 – free, 1-2:30pm)
- Conversational French (Thursdays – free, 2-3pm)
- Game Day (Wednesday, March 19, free, 1-4pm)
- Guitar Lessons (Wednesday, March 26 – free, 1-2:30pm)
- Late Night at the Center (Tuesday, March 25 - free, 4-7pm)
- Movie Monday (Monday, March 3 - free, 1-3pm)
- Peace of Mind (Wednesday, March 19 - free, 10:30-noon)
- Social Club Monthly Meeting (Wednesday, March 5 - free, 2-3pm)
- Spring Fair Meeting (Wednesday, March 5 - free, 3-4pm)
- Ukulele Class (Thursdays, \$10/mo., 10-11am)

Special Events:

- Portsmouth Escape Room (Thursday, March 13 – \$25, 1:30-7pm)
- St. Paddy's Day Breakfast (Friday, March 14 – \$5, 9-11am)
- History of the Ogunquit Playhouse (Tues., March 18 – free, 10-11am)
- Van Gogh Experience (Monday, March 24 - \$75, 8am-5pm)
- Potting Shed (Monday, April 14 – free, 1-3pm)

First & Last Name: _____ Pick-up: _____ Delivery: _____ Dessert: ___ regular ___ sugar-free

Town of York – Center for Active Living – Lunch Menu March 2025

Registration: Reservation deadline: *Friday by 2pm prior to the meal you desire* call 207-363-1036, Monday – Friday, 9:00am-3:30pm. Meal reservations in-person or by phone only; no online option. *If you need to cancel a meal, to obtain a User Credit, please cancel two days in advance.* Meals are limited to one per person. We ask for a \$5.00 donation for each meal. Order early as there are a limited number of meals per day. Muffins are not part of the meal; order separately (5 muffins - \$2.50; 10 muffins - \$5.00)

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7
Veggie Stir Fry Fried Rice Pork Egg Roll Muffin: Banana Bran	Roast Pork w/Gravy Mashed Potato Vegetable Roll Muffin: Sweet Cranberry	Mild Beef Bean Chili Mexican Rice Vegetable Muffin: Chocolate Cinnamon	Tuna Noodle Casserole w/Peas & Onions Vegetable Muffins: Orange
11	12	13	14
Broccoli and Cheese Soup Ham & Swiss Melt On Wheat Pickle Muffin: Blueberry Corn	Cheeseburger Macaroni Casserole Vegetable Roll Muffin: PB Choc. Chip	Hearty Beef Stew w/Potato & Veggies Biscuit Muffin: Sweet Potato	<p style="text-align: center;">Breakfast Only 9:00am</p> <p style="text-align: center;">No Muffins or Lunch</p>
18	19	20	21
Corned Beef w/Cabbage Boiled Potato Vegetable Roll <p style="text-align: center;">No Muffins</p>	Turkey Tetrzzini w/Mushrooms Vegetable Italian Bread Muffin: Raspberry	Orange Pork Chop Brown Rice Vegetable Muffin: Apple Cinnamon	Italian Haddock Bake w/Zucchini Tomato Pasta Vegetable Muffin: Lemon Yogurt
25	26	27	28
Pulled BBQ Chicken on Roll Cole Slaw Pickle Muffin: Chocolate Chip	Mushroom Pork w/Gravied Egg Noodles Vegetable Roll Muffin: Strawberry Banana	Baked Chicken Parm w/Pasta & Red Sauce Vegetable Muffin: Pumpkin Spice	New England Clam Chowder Tuna Melt Sandwich Pickle Muffin: Blueberry