

*The Center for Active Living presents...*

# Portugal and Its Islands

September 27 – October 10, 2025



Book Now  
& Save  
**\$150**  
Per Person

**Upgrade to Elite Airfare!** see inside for details

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## **SPECIAL TRAVEL PRESENTATION**

Date: Wednesday, October 16, 2024 Time: 1:00 PM

The Center for Active Living, 36 Main St., York Maine RSVP to Art

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For more information contact  
Art Jacobs

The Center for Active Living  
**(207) 363-1036**  
**ajacobs@yorkmaine.org**



**14 Days • 19 Meals:** 12 Breakfasts, 1 Lunch, 6 Dinners

**HIGHLIGHTS...** Lisbon, Belem, *Fado* Dinner Show, St. Michael Island, Azores, Choice on Tour: Garden Guided Walk or Thermal Pool Experience, Terra Nostra National Park, Sete Cidades, Madeira Island, *Espetada* Dinner, Folkloric Show, Porto Moniz

#### ITINERARY AT A GLANCE

Day 1	Overnight Flight
Days 2 – 4	Lumen Lisboa Hotel, Lisbon
Days 5 – 8	Azoris Royal Garden Hotel, Sao Miguel, Azores
Days 9 – 12	Pestana Casino Park Hotel, Funchal, Madeira Island
Day 13	Lumen Lisboa Hotel, Lisbon

*On some dates alternate hotels may be used.*

**Day 1: Saturday, September 27, 2025 Overnight Flight** Experience the beauty of Portugal as you travel through the capital, Lisbon, the Azorean island of St. Michael, and the island of Madeira.

**Day 2: Sunday, September 28, 2025 Lisbon, Portugal - Tour Begins** Your adventure opens in Lisbon, where old-world traditions blend seamlessly with modern ways. Experience Portuguese cuisine, regional wines, and folkloric entertainment among colorful buildings and winding pathways. Tonight, meet your fellow travelers at a welcome dinner. (D)

**Day 3: Monday, September 29, 2025 Lisbon** Set out on a tour of Lisbon and uncover some of the city's most famous sights. Travel to Belem, where the age of Portuguese maritime discoveries comes to life at the Tower of Belem (UNESCO). Go to downtown Lisbon and enjoy some free time to have lunch, take in the intricate architecture, and explore the beautiful streets before a quick stop to savor one of the local *petiscos*, and end your morning in a playful and interactive historical museum. You can choose to return to your hotel and relax or enjoy the free afternoon to continue exploring Portugal's capital city. (B)

**Day 4: Tuesday, September 30, 2025 Lisbon** Explore Lisbon today at your own pace. With plenty of free time in the capital city, you may wish to check out its famous culinary scene or venture downtown to do some shopping. If you'd prefer to tour today, choose an optional excursion to Sintra and Cascais; from the quaint palaces and villas of Sintra, learn a thousand fascinating tales of the Portuguese Riviera and of beautiful Cascais and Estoril. This evening, over Portuguese cuisine and wine, listen to local artists perform the traditional *fado* (UNESCO). (B, D)

**Day 5: Wednesday, October 1, 2025 Lisbon - St. Michael, Azores - Ponta Delgada** To the Azores! Fly to St. Michael, the largest of the 9 volcanic islands that form the Azores archipelago. On a brief walking tour of Ponta Delgada's town center, see the Portas da Cidade (the City Gates), and several of the main architectural sights that make up this unique island capital. Enjoy dinner this evening at a local restaurant featuring traditional Azorean cuisine. (B, D)

**Day 6: Thursday, October 2, 2025 Ponta Delgada - Furnas - Ponta Delgada** Start the day with a visit to a 150-year-old family run ceramic factory where we will learn about the process of creating traditional Portuguese pottery. Then, **it's your choice!** Take a stroll through the natural beauty of Terra Nostra Botanical Park **-OR-** rest and relax in the park's thermal water pool.\* In Furnas Valley, experience a *cozido das Furnas* lunch, cooked in the heat of the volcanic earth. After lunch let the green, lush beauty of Ribeira dos Caldeiros Natural Park surround you as you stroll through the natural landscape and take in the watermills so typical of this place. Then head to the verdant pastures of a tea plantation, one of two in Europe, and delve into its cultivation methods and trade history before heading back to Ponta Delgada. The evening is yours to do as you please. (B, L)

**Day 7: Friday, October 3, 2025 Ponta Delgada** Make the most of a day at leisure. Perhaps you'll take an optional whale-watching adventure\*\* and cruise over the waves with an expert biologist, followed by lunch at a local restaurant. Gather in the late afternoon to explore a local pineapple plantation and learn more about this fruit, introduced to the island by Portuguese navigators. Then enjoy a cocktail and dinner in one of the best family-run restaurants in Ponta Delgada. (B, D)



## Book Now & Save \$150 Per Person:

Double \$5,649;      **Double \$5,499\***  
 Single \$6,749      **Single \$6,599**

**For bookings made after Mar 28, 2025 call for rates.**

**Included in Price:** Round Trip Air from Logan Intl Airport, Inter-flights from Lisbon, Air Taxes and Fees/Surcharges, Hotel Transfers

**Not included in price:** Cancellation Waiver and Insurance of \$549 per person

\* All Rates are Per Person and are subject to change, based on air inclusive package from BOS

### Upgrade your in-flight experience with Elite Airfare

Additional rate of: Premium Economy \$1,690; Business Class \$4,290

• \* Elite Air pricing (Premium Economy, Business Class or First class) is valid until 8 months prior to departure, after which rates are subject to change and will be quoted based upon availability.

† Refer to the reservation form to choose your upgrade option

**IMPORTANT CONDITIONS:** Your price is guaranteed once deposit is received and booking confirmed by Collette. Your price is not subject to increase after the deposit is received and booking confirmed, except for charges resulting from increases in government-imposed taxes or fees. **(See registration form for consent.)**

**Day 8: Saturday, October 4, 2025 Ponta Delgada - Sete Cidades - Ribeira Grande - Ponta Delgada** Today visit the iconic Sete Cidades volcanic crater and peer down at its twin lakes. The lakes appear to be different colors — one blue (reflecting the sky) and the other green (reflecting the ground). Hear the stories and legends associated with the two lakes before journeying to a boutique, family-run winery where the volcanic soil plays a key role in the end product. Then travel to the quaint town of Ribeira Grande, with free time for lunch. End your full day of touring with a visit to Ribeira dos Caldeiros Nature Reserve, where watermills create a lush, otherworldly setting. (B)

**Day 9: Sunday, October 5, 2025 Ponta Delgada - Funchal, Madeira** Fly to Madeira, the “Pearl of the Atlantic.” After your afternoon arrival, embark on a walking tour of the capital city of Funchal, to get a first glimpse of the quaint old town and some of its main sights. Then, discover the Madeira Botanical Gardens as you make your way through a terraced landscape of more than 2,000 exotic plants. (B)

**Day 10: Monday, October 6, 2025 Funchal** Explore the *Lavradores* market, a hub of exotic fruits, flowers, and a traditional fish market. The local culture comes to life here!

### Experience It! The Azores

The Azores, or *Açores* (Portuguese for *goshawks*), are commonly referred to as “the Hawaii of Europe.” Find soaring mountains and rich valleys, lakes resting in ancient craters, and lush vegetation as far as the eye can see. The islands’ hot springs, fumaroles and thermal fountains all originated from volcanic activity, and you can see traces of this energy still active on the different islands. A signature Azorean dish – *cozido das Furnas* – utilizes the heat of the volcanic earth to stew meat and vegetables. The nine islands sit more than 900 miles west of Portugal’s mainland, resulting in a unique culture separate from the rest of the country.

**For more information visit <https://gateway.gocollette.com/link/1256306>**

A tasting at a Madeira wine lodge teaches you about the famous Madeira wine. Head to colorful Santa Maria Street, where vibrant murals and brightly painted doors enliven the streets, and many cafe's tempt you to linger over lunch on your own. A free afternoon provides more time to explore or to relax and enjoy your hotel's garden, pool, and spa. Gather again this evening for a traditional *espetada* dinner, feasting on local cuisine cooked over an open fire against a backdrop of folk dancers and lively music. (B, D)

**Day 11: Tuesday, October 7, 2025 Funchal - Câmara de Lobos - Porto Moniz - Funchal** Begin your day with a tour that takes you to Câmara de Lobos, a traditional village on a picture-perfect bay that served as a special retreat for Sir Winston Churchill. It was here that Madeira's natural beauty captivated him and inspired many paintings of the village. Drive along mountain roads, passing vineyards en route to the world's second-highest cliff, Cabo Girão, where you can walk on the highest glass skywalk in Europe. At BAM (Centro da Banana da Madeira) find out about the rich history and modern-day production of delicious Madeira bananas before leaving for the lively fishing village of Porto Moniz. Here, enjoy free time for a swim\* (weather permitting) in the natural volcanic rock pools before returning to Funchal. (B)

**Day 12: Wednesday, October 8, 2025 Funchal** The day is yours to explore independently or embark on a full-day optional tour of the island. Start with an easy trek along the island's *levadas*\*\*\* and learn about this unique watering system. Then travel to a *quinta* for lunch with views of the Atlantic. End with a visit to the traditional A-frame houses of Santana, a reminder of the island's farming past. (B)

**Day 13: Thursday, October 9, 2025 Funchal - Lisbon** Board your flight and return to the metropolitan energy of Lisbon. Later, bid *adeus* to Portugal during a farewell dinner at a local restaurant. (B, D)

**Day 14: Friday, October 10, 2025 Lisbon - Tour Ends** Depart for home with Portugal in your heart as your tour ends today. (B)

#### PLEASE NOTE:

**Book Now rates valid until Mar 28, 2025, valid on air inclusive packages only. The overall activity level of this tour is a level 3.** This means you're an on-the-go traveler. You don't want to miss a thing, so walking and standing for longer periods of time (2-3 hours) isn't a big deal. A moderately paced two-and-a-half-hour walking tour, covering several miles, hills, and uneven surfaces, is no problem for you. Walking four miles over the course of a day is very doable, as is climbing into and out of various modes of transportation (tuk-tuk, cable car, zodiac, etc.). You can climb three flights of stairs easily and handle altitudes between 6,000 and 9,000 feet. Expect some longer days with early mornings or late nights balanced with free time to recharge or set out on your own adventure. This level is not a fit for travelers who require mobility assistance devices.

If you require any special assistance while on tour, please make us aware at time of reservation so the necessary request form can be sent to your attention.

\*Bathing suits and towels are required if partaking in the thermal water pool choice in Terra Nostra Botanical Park and if choosing to swim in the pools at Porto Moniz. Swimming in Porto Moniz volcanic pools is dependent on weather and ocean conditions.

\*\*Due to inclement weather or challenging sea conditions, operation of the optional whale-watching tour will only be reconfirmed on the day of service.

\*\*\*The *levada* optional walk is approximately 1 hour on a mostly flat surface.

Single accommodations are limited and are available on a first come, first served basis. Single rate subject to change based on availability. Triple rooms are not available.

To complete your tour, we include roundtrip airport-to-hotel transfers when purchasing our airfare with your tour. If you have arranged for your own air, we are pleased to provide you the option of *purchasing* these transfers. Please note that all transfers will leave at pre-scheduled times.



The internal flights on this tour are from Lisbon to St. Michael, Azores (2 ½ hours), St. Michael to Madeira Island (2 hours), and Madeira Island to Lisbon (90 minutes).

For air-inclusive reservations, the name provided at time of booking must match your government-issued ID that will be used during travel. Name changes are subject to penalties.

Please be advised many airlines do not provide advance seat assignments until check-in at the airport. Advance seating will be subject to the airline's terms and conditions.

Internal flights are required in order to participate on this tour and are included in the final price, quoted at time of booking.

#### IDENTIFICATION

Passports are required for this tour at your expense. Certain countries require that your passport be valid at least 6 months beyond the dates of your travel. You are strongly urged to contact the appropriate consulate for details. Visit [www.travel.state.gov](http://www.travel.state.gov) for the U.S. State Department for the latest details about passports and visa requirements.

**IMPORTANT:** We recommend that travelers take a photocopy of their passport and applicable visas. It should be packed separately from your actual passport and visa. We also recommend leaving a copy at home with your emergency contact.

*Effective for travel in May 2025, all visitors who do not need a visa to enter Europe will be expected to apply for an ETIAS visa waiver, for a fee, when visiting a Schengen Area Country. To identify Schengen Area Countries and to complete the ETIAS application, please visit <https://www.etiasvisa.com/>*

Economy air rate and schedule are applicable for groups of 10 or more traveling on the same flights and dates.

**A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of March 21, 2025 are based upon availability. Final payment due by June 29, 2025. Deposits are refundable up until March 28, 2025.**

CST#2006766-20 UBN#601220855 Nevada Sellers of Travel Registration No. 2003-0279

For important reservation information visit  
<https://gateway.gocollette.com/link/1256306>.  
You can also find this information on your tour documents.



162 Middle Street  
 Pawtucket, RI • 02860  
 Phone: 1-800-852-5655 Fax: 1-401-727-9014

If paying by credit card, please complete this form and return to The Center for Active Living. We can only charge your credit card for the amount noted if the signature, address and phone number are listed below. Thank you!

**CREDIT CARD AUTHORIZATION FORM**

BOOKING NUMBER: 1256306

TOUR: Portugal and Its Islands *featuring Lisbon, Azores & Madeira Islands*

DEPARTURE DATE: September 27, 2025

GROUP NAME: The Center for Active Living

Name of Passenger:

Salutation: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_ Suffix: \_\_\_\_\_  
 (Mr., Mrs., Rev.) (Please print as it appears on Passport) (Jr., Sr.)

Cardholder Name: \_\_\_\_\_  
 (Please print as it appears on your Credit Card)

Cardholder Address: \_\_\_\_\_  
 (as it appears on your credit card statement)

Cardholder Phone: \_\_\_\_\_

Credit Card Type: \_\_\_ American Express \_\_\_ Discover \_\_\_ MasterCard \_\_\_ Visa

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Amount to be charged: \$ \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I agree to pay according to the card issuer agreement. I understand and accept Collette cancellation policy, terms and conditions.

Participating credit card companies are now requiring a billing address and phone number for **FRAUD PREVENTION**. All information **MUST** be provided. Thank you for your cooperation! If using your credit card for payment, please return this Authorization Form by mail to:

**The Center for Active Living**  
 Attn: Art Jacobs  
 36 Main Street  
 York, ME 03909-6244

Or by Fax to: (207) 363-1032

Above credit card information has been called in to Collette.



162 Middle Street  
Pawtucket, RI • 02860  
Phone: 1-800-852-5655 Fax: 1-401-727-9014

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BOOKING NUMBER: 1256306

TOUR: Portugal and Its Islands *featuring Lisbon,  
Azores & Madeira Islands*

DEPARTURE DATE: September 27, 2025

GROUP NAME: The Center for Active Living

### Available Options

Personalize your tour by adding an optional activity below. Our recommended options have been carefully chosen to help enhance your individual experience. Complete the provided Prepaid Options Form to reserve your options.

*Availability is limited and reservations are on a first come, first serve basis. Payment must be received no later than 15 days prior to departure. Prices are subject to change.*

Children under the age of 18 **MUST** be accompanied by an adult.

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### Sao Miguel, Azores

#### Whale Watching Adventure and lunch

**\$145 USD**

Go searching for gentle giants on a whale watching excursion! Venture out into the blue Atlantic and search for some of the 28 species of cetaceans. Learn about the culture of whales in the Azores from an expert biologist, detailing the social shift of whale treatment in the area. From whale hunting to whale watching, you'll understand the cultural evolution that has led to respecting these peaceful animals in present day. Sperm whales, pilot whales, and pods of dolphins frequent the Azorean waters, and you might be able to catch some blue whales or fin whales migrating through the area. After you're back on land, reflect on your adventure with a lunch featuring local flavors. This optional tour is weather-dependent and may be cancelled without previous notice. If cancelled due to weather, you will be reimbursed. *Duration: Approximately 4 hours.* Please note a minimum of 6 passengers is required. Transportation is not included.

### Madeira Island

#### Levada Walk & Santana's Traditional Houses with Lunch

**\$100 USD**

Explore Madeira's eastern side with a full-day optional tour which combines Madeira's stunning natural landscapes with some of its early history. Start with a visit to Pico do Arieiro, one of Madeira's highest peaks where, on most days, you can stand and look down on the clouds. Follow with an easy trek along the island's levadas, and learn about this unique watering system. Then travel to a Quinta for lunch with views of the Atlantic. End with a visit to Santana's traditional A-frame houses, constructed with triangular rooftops protected by straw. While most of these homes are no longer lived in, they are a reminder of the island's farming past. *Duration: Approximately 7 hours.* Please note a minimum of 10 passengers is required. Transportation is included.

### Sintra

#### Portugal's Royal Havens: Sintra & Cascais

**\$65 USD**

On this fascinating tour, visit the charming town of Sintra, a UNESCO World Heritage Site, with its historic palaces, castles, and gardens, and tour the Sintra National Palace. Later, drive through the mountains to the rugged coastline, passing Guincho Beach, a favorite spot for windsurfers. Arrive at Boca do Inferno ("mouth of hell" in English), an ancient cave whose wide-open mouth juts into the sea, forming an archway. Then arrive at the Portuguese Riviera, known as the "playground of kings." Many royals and world leaders have chosen this resort area as their home, and visitors flock here to soak up the luxe atmosphere. Scenic, cosmopolitan Cascais sits on a broad blue bay with stunning views of the Atlantic Ocean. *Duration: Approximately 5.5 hours.* Please note a minimum of 6 passengers is required. Transportation is included.



TRAVEL DATE: 9/27/2025 TERRITORY: A1  
RES#: 1256306

Portugal and Its Islands featuring Lisbon,  
Azores & Madeira Islands

**For Reservations Contact:** Art Jacobs (207) 363-1036 email: ajacobs@yorkmaine.org  
The Center for Active Living, 36 Main Street, York, ME 03909-6244

A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of March 21, 2025 are based upon availability. Final payment due by June 29, 2025. Deposits are refundable up until March 28, 2025.

**YOUR INFORMATION:**

Clearly print your full name (first/middle/last) as it appears on your government issued travel documentation.

**IMPORTANT:** In order to avoid any unnecessary change fees, it is imperative that all guest names are entered correctly from the start. The information below must be the legal name and be 100% identical to the ID being used to travel <passport/driver's license> including middle names or suffixes <Jr, Sr>.

First: \_\_\_\_\_ Middle: \_\_\_\_\_ Last: \_\_\_\_\_ Suffix: \_\_\_\_\_

Nickname: \_\_\_\_\_ Gender: ( ) Male ( ) Female Date of Birth: month \_\_\_\_\_ day \_\_\_\_\_ year \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_ Cell: ( ) \_\_\_\_\_ Email Address: \_\_\_\_\_

Passport Number: \_\_\_\_\_ Expiration Date: (month/day/year) \_\_\_\_\_ Date of Issuance: (month/day/year) \_\_\_\_\_

City, State, Country of Issuance: \_\_\_\_\_ Citizenship: \_\_\_\_\_

**Should you become ill or injured, whom should we contact (not traveling with you):** \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

**ROOMING WITH:**  Check if address is the same as Passenger #1

First: \_\_\_\_\_ Middle: \_\_\_\_\_ Last: \_\_\_\_\_ Suffix: \_\_\_\_\_

**AIR GATEWAY:** Departure airport for this tour: \_\_\_\_\_

Air Seat Request: ( ) Aisle ( ) Window ( ) Next To Traveling Companion

Collette cannot guarantee your seat preference. If you have not purchased air through Collette and wish to purchase transfers, you must transfer at our pre-scheduled times.

Please be advised, when travelling as part of a group, many airlines do not provide seat assignments. Preferred seating may be available for an additional charge.

Please reserve an upgrade to Elite Airfare for an additional rate of:  Premium Economy \$1,690  Business Class \$4,290

**Service is limited and not available on all flights or carriers. Other restrictions may apply. Please note: if you purchase an upgrade, we cannot guarantee the same flight schedule as the group. Upgraded class of service is for the international portion of the journey only.**

**Elite Air pricing (Premium Economy, Business Class, or First Class) is valid until 8 months prior to departure, after which rates are subject to change and will be quoted based upon availability.**

Are you willing to separate from the group air schedule to accommodate your upgrade request? ( ) Yes ( ) No

"Federal law forbids carriage of hazardous materials such as aerosols, fireworks, lithium batteries & flammable liquids aboard the aircraft in your checked or carry-on baggage. A violation can result in 5 years' imprisonment and penalties of \$250,000 or more. Details on prohibited items may be found on TSA's "prohibited items" web page: <http://www.tsa.gov/traveler-information/prohibited-items>."

**TRAVEL PROTECTION:** ( ) Yes, I wish to purchase travel protection \$549 ( ) No, I decline

If you choose not to purchase Collette's Waiver Insurance Plan, you will incur penalties for changes and cancellations. Travel Protection Payment is due with first deposit. The Waiver Fee does not cover any single supplement charges which arise from an individual's traveling companion electing to cancel for any reason prior to departure. The single supplement will be deducted from the refund of the person who cancels. (There is coverage under Part B which includes a single supplement benefit of \$1,500 for certain covered reasons. See Part B for details.)

**PLEASE MAKE CHECKS PAYABLE TO:** Collette ( ) Check ( ) Credit Card

Waiver/Insurance Amount: \$ \_\_\_\_\_ Deposit Amount: \$ \_\_\_\_\_ Total amount enclosed: \$ \_\_\_\_\_

Cardholder Name (if paying by Credit Card): \_\_\_\_\_

Cardholder Billing Address:  Check if address is the same as above \_\_\_\_\_

Cardholder Phone: \_\_\_\_\_ Amount: \$ \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ M M Y Y

**SIGNATURE REQUIRED** for acceptance of the below conditions and agreement to credit card use:

Date: \_\_\_\_\_

I agree to pay according to the card issuer agreement. I understand and accept the cancellation policy, terms and conditions. See <http://www.gocollette.com/about-collette/terms-and-conditions> for full terms and conditions of your purchase.

**Important Conditions:** Your price is guaranteed once deposit is received and booking confirmed by Collette. Your price is not subject to increase after the deposit is received and booking confirmed, except for charges resulting from increases in government-imposed taxes or fees.





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 Phone: 1-800-852-5655, Fax: 1-401-727-9014

**TOUR:** Portugal and Its Islands *featuring Lisbon, Azores & Madeira Islands*

**DEPARTURE DATE:** Sep 27, 2025

**GROUP NAME:** The Center for Active Living

**BOOKING NUMBER:** 1256306

### AVAILABLE PREPAID OPTIONS

Personalize your tour by adding an optional activity below. Our recommended options have been carefully chosen to help enhance your individual experience. Complete the provided Prepaid Options Form to reserve your options.

Availability is limited and reservations are on a first come, first served basis. Payment must be received no later than 15 days prior to departure. Prices are subject to change. Children under the age of 18 MUST be accompanied by an adult.

**PASSENGERS NAME:** (Please submit a separate form for each passenger)

Salutation: \_\_\_\_\_ First: \_\_\_\_\_ Middle: \_\_\_\_\_ Last: \_\_\_\_\_ Suffix: \_\_\_\_\_ Nickname: \_\_\_\_\_  
(Mr., Mrs., Rev.) (Please print EXACTLY as it appears on Passport) (Jr., Sr.)

✓	Option	Price Per Person (USD)
	Whale Watching Adventure and lunch <i>This optional tour is weather-dependent and may be cancelled without previous notice. If cancelled due to weather, you will be reimbursed.</i>	145.00
	Levada Walk & Santana's Traditional Houses with Lunch	100.00
	Portugal's Royal Havens: Sintra & Cascais	65.00

Please make checks payable to Collette and send to:

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