



CAL Activities Calendar June 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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²	³ Movie Monday 1.00pm-3.00pm 	⁴ Age Friendly Network Survey 9.00am-10.00am Crafts with Lisa Decoupage Jars 1.00pm-3.00pm 	⁵ Social Club Meeting 1.00-3.00pm	⁶ Bingo 1.00pm-4.00pm French Lessons 2.00pm-3.00pm	⁷ New Carpet Install Closed for the Day	⁸
⁹	¹⁰ Lunch-Out Shains of Maine 10.45am-2.00pm Blood Pressure/Glucose 2.00-2.30pm	¹¹ Arthritis Tips 10.00am-11.00am Bowling 2.00pm-4.00pm	¹² Instapot Cooking 10.00am-11.00am Peace of Mind 10.30am-Noon	¹³ Sing Along Songs with Art "Summer Hits" 1.00pm-3.00pm French Lessons 2.00pm-3.00pm	¹⁴ Peaks Island Tour #1 8.00am-4.00pm 	¹⁵
¹⁶	¹⁷ Peaks Island Tour #2 8.00am-4.00pm 4 Pillars of Retirement 10.00am-11.00am Book Club 10.00am-11.30am	¹⁸ Breakfast Out @ The Nook 8.00am-11.30am Juneteenth "Blackish Episode" 2.00pm-3.00pm Drumming 4.00pm-5.00pm	¹⁹ Closed for Holiday	²⁰ Myths and Truths Hair/Skin Care 1.00pm-2.30pm 	²¹ Center Closes @ 11.00am	²²
²³	²⁴ Health Talks with Jenna 9.00am-10.00am Mini Golf and Ice Cream 11.00am-3.00pm	²⁵ 4th of July Craft with Lisa 1.00pm-3.00pm Late Night @ Center 4.00pm-8.00pm	²⁶ Resident Registration	²⁷ Tech Help 11.00am-2.00pm Dinner Out @ Hobbs Harborside 3.45pm-7.30pm Haircuts with Susan 1.30pm-3.00pm Non-Resident Registration	²⁸ CAL Hiking Club 9.00am-10.30am Ice Cream Social and Bingo 1.00pm-3.00pm	²⁹
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