


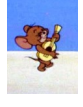




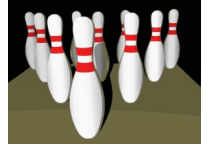


















CAL Activity Calendar December 2024

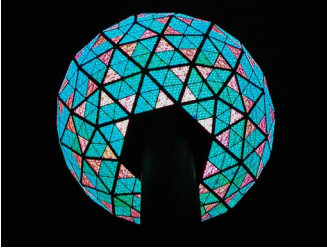





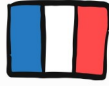



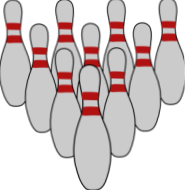




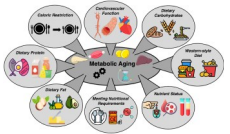

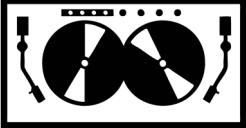



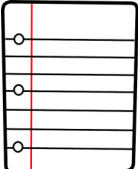


Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2  Movie Monday 1-3pm	3	4 Wreath Making 10am-Noon  Disney Frozen Show/Dinner 3-11pm 	5 Ukulele 9-10.30am  Conversational French 2-3pm	6 Crafts with Lisa 10-11.30am 	7
8 	9 Crafts with Lisa 2-4pm  Best of Times Travel Meeting 1-2pm BP/Glucose 2-2.30pm 	10 Bowling 2-4pm 	11 CAL Gals 1-2.30pm 	12 Ukulele 9-10.30am Conversational French 2-3pm  Sing Along Songs (Holiday Themed) 1-3pm	13 Breakfast Out @ Norma`s 8.00am-10.00am Variety Show @ Auditorium 6-8pm 	14 
15	16 Simple Steps w/Brianna 10-11am Book Club w/Lisa 10-11.30am 	17  Drumming 4-5pm	18 White Pine @ Highland farm 10-11.30am Peace of Mind 10.30-Noon  Game Day (Holiday Family Feud) 1-4pm	19 Ukulele 9-10.30am Tech Help 11-2pm Conversational French 2-3pm Hair Cuts w/Susan 1.30-4.00pm CAL Holiday Party 5-9pm	20 Bingo 1-4pm  Birthday Cake Day 12.30pm 	21
22 	23 Christmas Movie @ Cliff House And Lunch at Nubb`s 	24 Holly Jolly Breakfast and Stocking Swap 9-11am  Center Closes @ Noon	25 MERRY CHRISTMAS 	26 Center Open 8.30am-4.00pm NO SCHEDULED ACTIVITIES OR PROGRAMS DROP -IN ONLY	27 Center Open 8.30am-4.00pm NO SCHEDULED ACTIVITIES OR PROGRAMS DROP -IN ONLY	28 
29	30 Center Open 8.30am-4.00pm NO SCHEDULED ACTIVITIES OR PROGRAMS DROP -IN ONLY	31 NO SCHEDULED ACTIVITIES OR PROGRAMS DROP -IN ONLY Center Closes at Noon	1 Happy New Year 	2 Center Open 8.30am-4.00pm NO SCHEDULED ACTIVITIES OR PROGRAMS DROP -IN ONLY	3 Center Open 8.30am-4.00pm NO SCHEDULED ACTIVITIES OR PROGRAMS DROP -IN ONLY	



CAL Activities Calendar January 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 	2 Center Open 8.30am-4.00pm NO SCHEDULED ACTIVITIES OR PROGRAMS DROP -IN ONLY	3 Center Open 8.30am-4.00pm NO SCHEDULED ACTIVITIES OR PROGRAMS DROP -IN ONLY	4
5 	6 Vascular Care Group Talk 10.15-11.15am  Movie Monday 1-3pm	7 Brook Casino 9-3pm 	8 Social Club Mtg 2-3pm  Fair Committee Mtg 3-4pm	9 Ukulele 9-10.30am  Conversational French 2-3pm	10 Bingo 1-4pm 	11 
12	13 BP/Glucose 2-2.30pm Book Club w/Lisa 10-11.30am Lunch-Out @ Roger`s Pizza 10.30am-3.00pm 	14 Bowling 2-4pm 	15 Peace of Mind 10.30-Noon  CAL Gals 1-2.30pm	16 Ukulele 9-10.30am Conversational French 2-3pm	17 UNH Tour/Lunch 8.30am-3.30pm 	18
19 	20 Center Closed for Holiday 	21 10 Tips to Boost your Energy With Brianna 10-11am  Drumming 4-5pm	22 White Pine @ Nubble Light 10-11.30am Game Day-NFL Horse Racing 1-3pm 	23 Ukulele 9-10.30am Conversational French 2-3pm Hair Cuts w/Susan 1.30-4.00pm Dinner-Out @ Galley Hatch 3.45-7.30pm	24 CAL Vinyl 2-3.30pm 	25 
26	27 Crafts with Lisa 2-4pm 	28  Late Night @ Center 4-7pm	29  Resident Registration Day	30 Ukulele 9-10.30am Conversational French 2-3pm Tech Help 11-2pm Non-Resident Registration Day	31	