The Center for Active Living presents...

Western Canada's Rockies, Lakes & Wine Country

September 5 – 13, 2024



SPECIAL TRAVEL PRESENTATION

Date: Thursday, October 5, 2023 Time: 10:30 AM The Center for Active Living, 36 Main St, York, Maine

For more information contact
Art Jacobs
The Center for Active Living
(207) 363-1036
ajacobs@yorkmaine.org



9 Days • 13 Meals: 8 Breakfasts, 2 Lunches, 3 Dinners

HIGHLIGHTS... Calgary, Albertan BBQ, Banff, Bow Falls, Lake Louise, Revelstoke Railway Museum, Okanagan Valley, Choice on Tour: Indigenous Traditions and Ancestral Lands Tour or Hidden History of Downtown Kelowna Tour, Vineyard Dinner and Wine Tasting, Vancouver, Stanley Park, Granville Island

ITINERARY AT A GLANCE

Day 1	Calgary Marriott Downtown, Calgary, Alberta
Days 2, 3	Banff Caribou Lodge, Banff, Alberta
Day 4	Sutton Place Hotel Revelstoke, Revelstoke, BC
Days 5, 6	Delta by Marriott Okanagan Resort, Kelowna, British Columbia
Days 7, 8	Sheraton Vancouver Wall Centre, Vancouver, British Columbia

On some dates alternate hotels may be used.

Day 1: Thursday, September 5, 2024 Calgary, Alberta - Tour Begins The vast unspoiled wilderness of the Canadian Rockies awaits you. Get ready to behold skyhigh peaks and tranquil lakes, wine country and engaging cultures. Your tour begins in Calgary, a cosmopolitan city with strong western roots and ties to its cattle ranching past.

Day 2: Friday, September 6, 2024 Calgary - BanffDiscover the cowboy spirit of Western Canada with a stop at a local ranch for a line dance lesson and a wagon ride in search of buffalo. With soaring peaks serving as your backdrop, sit down for a traditional Albertan barbecue lunch. Continue on to Banff, where you'll have an evening to yourself to explore what this charming mountain town has to offer. (*B, L*)

Day 3: Saturday, September 7, 2024 Banff A scenic drive through Banff reveals powerful Bow Falls and picture-perfect Surprise Corner. Learn about Banff National Park at Cave and Basin National Historic Site, where a short tunnel brings you to the hot springs that sparked the creation of Canada's first national park. You'll then meet with a local ammolite specialist to learn about this rare colorful version of the gemstone found only in Alberta. Enjoy some free time to explore downtown Banff this afternoon, or opt for a thrilling helicopter tour up to Mt. Assiniboine. Tonight, meet up with your travel companions for dinner at a local restaurant. (*B*, *D*)

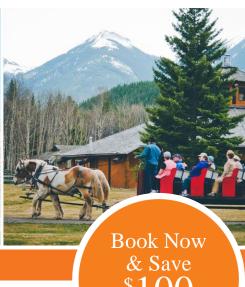
Day 4: Sunday, September 8, 2024 Banff - Lake Louise - Revelstoke, British Columbia The famous glacier-fed, turquoise waters of Lake Louise are yours for admiring this morning. Perhaps you'll hike along the lakeshore or simply relax in the majesty of your surroundings. Enjoy lunch at the Ski Lake Louise Lodge before boarding the mountain gondola,* which offers breathtaking views of the surrounding mountains and Lake Louise from an elevation of more than 6,800 feet (2,088 meters). The stunning scenery continues on your way to the ski town of Revelstoke, where you'll pass through Yoho, Glacier & Revelstoke National Park. (*B, L*)

Day 5: Monday, September 9, 2024 Revelstoke - Kelowna All aboard for a visit to the Revelstoke Railway Museum – an interactive museum that connects you to the history of the Canadian Pacific Railway. Continue on to fertile lands of the Okanagan Valley, British Columbia's most celebrated wine region. Taste some local treats and meet the people who call this valley home during an agricultural visit. Arrive in Kelowna where you'll settle in for a 2-night stay by waters of Lake Okanagan. (B)

Day 6: Tuesday, September 10, 2024 Kelowna This morning, it's your choice! Learn the hidden history of Kelowna during a city walking tour with a local guide,







Per Person

Book Now & Save \$100 Per Person:

Double \$4,899; Single \$6,599; Triple \$4,849 Triple \$4,749

For bookings made after Mar 05, 2024 call for rates.

Included in Price: Round Trip Air from Logan Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers **Not included in price:** Cancellation Waiver and Insurance of \$349 per person

* All Rates are Per Person and are subject to change, based on air inclusive package from BOS

IMPORTANT CONDITIONS: Your price is subject to increase prior to the time you make full payment. Your price is not subject to increase after you make full payment, except for charges resulting from increases in government-imposed taxes or fees. Once deposited, you have 7 days to send us written consumer consent or withdraw consent and receive a full refund. (See registration form for consent.)

uncovering the legend behind Kelowna's namesake, revisiting a turn-of-the-century love story for the ages, learning the entertaining history of the Kelowna Regatta and more **-OR-** join an indigenous First Nation knowledge keeper for a sensory walking tour on ancestral lands, revealing deeply rooted traditions and pointing out various medicinal plants. This afternoon is yours to explore downtown Kelowna before traveling to a local vineyard for a tour, tasting, and dinner. (*B*, *D*)

Day 7: Wednesday, September 11, 2024 Kelowna - Vancouver Head west for the dynamic seaport city of Vancouver. This diverse city features incredible food and a thriving arts scene, surrounded by the North Shore Mountains. This evening is yours to taste your way around the city and get to know your new destination. Perhaps you'll join an optional Chinatown tour with a local Chinese Canadian who will guide you around the neighborhood's iconic landmarks and herbal stores all while sharing the history of their community. End this tour with a dinner featuring an assortment of Chinese

dishes and a presentation on Chinese customs and culture. (B)

Day 8: Thursday, September 12, 2024 Vancouver A city tour of Vancouver begins this morning at beautiful Stanley Park, Canada's renowned urban rainforest. Continue onto Gastown – a turn-of-the-century neighborhood comprised of pubs, art galleries, boutiques, and a world-famous steam-powered clock. Visit the picturesque Granville Island Public Market and stroll through its fascinating stalls of handmade crafts and artisan food producers. Tonight, toast to the end of your journey at a local restaurant. (*B*, *D*)

Day 9: Friday, September 13, 2024 Vancouver - Tour Ends Your tour through Western Canada comes to a close today. (*B*)

Experience It! The Okanagan

You don't need to be a wine lover to fall in love with the Okanagan. This valley may be best known for its vineyards and known as British Columbia's wine country, but it also offers so much more. This region's fertile lands sustain countless farms and orchards which allow for easy access to farm-fresh foods. Nature lovers will appreciate the diverse landscapes with each passing season – the Okanagan is ever changing throughout the year. It's a can't-miss destination for anyone traveling through Western Canada.

For more information visit https://gateway.gocollette.com/link/1202428

PLEASE NOTE:

Book Now rates valid until Mar 05, 2024, valid on air inclusive packages only. IDENTIFICATION

Passports are required for this tour at your expense. Certain countries require that your passport be valid at least 6 months beyond the dates of your travel. You are strongly urged to contact the appropriate consulate for details. Visit www.travel.state.gov for the U.S. State Department for the latest details about passports and visa requirements.

IMPORTANT: We recommend that travelers take a photocopy of their passport and applicable visas. It should be packed separately from your actual passport and visa. We also recommend leaving a copy at home with your emergency contact.

To complete your tour, we <u>include</u> roundtrip airport-to-hotel transfers when purchasing Collette airfare with your tour. If you have arranged for your <u>own air</u>, we are pleased to provide you the option of *purchasing* these transfers. Please note that all transfers will leave at prescheduled times.

Single accommodations are limited and are available on a first come, first served basis.

Order of sightseeing is subject to change.

*Lake Louise Gondola may not be available in early May and October. Operation of gondola is weather dependent.

Maximum elevation: 6,800 feet/2,073 meters.

The overall activity level of this tour is a level 2. This means you like a balanced approach to travel. Walking two to three miles over the course of a day is no problem for you. You can partake in a two-hour leisurely walking tour, covering up to two miles (with included breaks). You can handle a variety of terrains, from cobblestone streets to moderate hills with relative ease and without assistance. You can climb two flights of stairs with ease. There may be 1 to 2 days on this tour when walking tours can cover 3 to 4 miles over uneven terrain. Expect some full days balanced with free time to recharge or set out on your own adventure. You can handle altitudes up to 6,000 feet. While this level is appropriate for travelers that require mobility assistance devices, there could be times when you may have to sit out on some of the included activities.

Please be advised many airlines do not provide advance seat assignments until check-in at the airport. Advance seating will be subject to the airline's terms and conditions.

Please be advised baggage fees may apply on most trans-border flights. These fees are levied by each specific airline and may be subject to change.

For air-inclusive reservations, the name provided at time of booking must match your government-issued ID that will be used during travel. Name changes are subject to penalties.



Economy air rate and schedule are applicable for groups of 10 or more traveling on the same flights and dates.

A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of February 27, 2024 are based upon availability. Final payment due by July 07, 2024. Deposits are refundable up until March 05, 2024.

CST#2006766-20 UBN#601220855 Nevada Sellers of Travel Registration No. 2003-0279

For important reservation information visit https://gateway.gocollette.com/link/1202428.
You can also find this information on your tour documents.



Phone: 1-800-852-5655 Fax: 1-401-727-9014

If paying by credit card, please complete this form and return to The Center for Active Living. We can only charge your credit card for the amount noted if the signature, address and phone number are listed below. Thank you!

CREDIT CARD AUTHORIZATION FORM

BOOKING NUMBER: 1202428 TOUR: Western Canada's Rockies, Lakes & Wine Country

DEPARTURE DATE: September 5, 2	•	GROUP NAME: The Center for Active Living				
Name of Passenger: Salutation: First Name: (Mr., Mrs., Rev.)	Middle Initial: Last Name: (Please print as it appears on Passport)	Suffix: (Jr., Sr.)				
Cardholder Name:	Credit Card)					
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Expiration Date:	Amount to be charged: \$					
Cardholder's Signature:	Date:					
I agree to pay according to the card issu- policy, terms and conditions.	er agreement. I understand and accept Co	ollette cancellation				
FRAUD PREVENTION. All information	now requiring a billing address and phone tion MUST be provided. Thank you for y ease return this Authorization Form by m	our cooperation!				
The Center for Active Living Attn: Art Jacobs 36 Main St York, ME 03909-6244						
Or by Fax to: (207) 363-1032						
Above credit card information has been cal	led in to Collette					



162 Middle Street Pawtucket, RI • 02860

Phone: 1-800-852-5655 Fax: 1-401-727-9014

BOOKING NUMBER: 1202428 TOUR: Western Canada's Rockies, Lakes & Wine

Country

DEPARTURE DATE: September 5, 2024 GROUP NAME: The Center for Active Living

Available Options

Personalize your tour by adding an optional activity below. Our recommended options have been carefully chosen to help enhance your individual experience. Complete the provided Prepaid Options Form to reserve your options.

Availability is limited and reservations are on a first come, first serve basis. Payment must be received no later than 15 days prior to departure. Prices are subject to change.

Children under the age of 18 MUST be accompanied by an adult.

Canmore, AB



Soar to Mt. Assiniboine

\$340 USD

Experience the grandeur of the Canadian Rockies from a birds-eye perspective -- leave the ground behind and behold the incomparable beauty of the region with a helicopter tour. Nothing compares to the total exhilaration of soaring above some of the most incredible scenery the world offers. Soar to the "Matterhorn" of the Canadian Rockies, Mt. Assiniboine, which rises majestically 11,870 feet along the Great Divide. The surrounding glaciers and icefalls will astound you and capture your imagination. This is a photographer's dream come true! Actual flight time is 30 minutes. *Duration: Approximately 2 hours.* Please note a minimum of 2 passengers is required. Transportation is included.

Vancouver, BC

Chinatown Dinner & Discovery

\$95 USD

Join up with a Chinese Canadian to explore Vancouver's robust Chinatown. Walking through the neighborhood, you'll learn about the various landmarks and buildings, stopping in local shops for tastings and conversations for a truly in-depth discovery of the community. Complete your Chinatown exploration with dinner at a local restaurant, featuring an assortment of Chinese dishes, while your guide leads a lively discussion on Chinese customs, culture and cuisine. This tour is handicap accessible. *Duration: Approximately 3 hours*. Please note a minimum of 10 passengers is required. Transportation is included.



TRAVEL DATE: 9/05/2024 TERRITORY: A1 RES#: 1202428

Western Canada's Rockies, Lakes & Wine Country

For Reservations Contact: Art Jacobs (207) 363-1036 email: ajacobs@yorkmaine.org

The Center for Active Living, 36 Main St, York, ME 03909-6244

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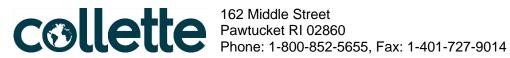
Clearly print your full name (first/middle/last) as it appears on your government issued travel documentation.

IMPORTANT: In order to avoid any unnecessary change fees, it is imperative that all guest names are entered correctly from the start. The information below must be the legal name and be 100% identical to the ID being used to travel passport/driver's license> including middle names or suffixes Jr, Sr>.

First:	_ Middle:		_ Last:			_ Suffix:
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Address:		City:		State:	Zip	Code:
Phone: ()	Cell: ()		Email Addres	s:	
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"Federal law forbids carriage of hazardous mate baggage. A violation can result in 5 years' imprishttp://www.tsa.gov/traveler-information/prohibited TRAVEL PROTECTION: () Yes, I wish to plifyou choose not to purchase Collette's Waiver In Fee does not cover any single supplement charg supplement will be deducted from the refund of the covered reasons. See Part B for details.) PLEASE MAKE CHECKS PAYABLE TO:	sonment and penalties of d-items." purchase travel protectic surance Plan, you will incure swhich arise from an in the person who cancels. (Collette () Check (\$250,000 or moon \$349 () for penalties for chaldividual's traveling There is coverage () Credit Card	ore. Details on prohibited No, I decline nanges and cancellations. ing companion electing to ge under Part B which inc	items may be found Travel Protection Pa cancel for any reas ludes a single suppl	d on TSA's "prohil ayment is due with son prior to depar lement benefit of	ibited items" web page: h first deposit. The Waiver rture. The single f \$1,500 for certain
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I agree to pay according to the card issuer agreement. I understand and accept the cancellation policy, terms and conditions. See http://www.gocollette.com/about-collette/terms-and-conditions for full terms and conditions of your purchase.

Important Conditions: Your price is subject to increase prior to the time you make full payment. Your price is not subject to increase after you make full payment, except for charges resulting from increases in government-imposed taxes or fees.



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GROUP NAME: The Center for Active Living

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Salutation: First: (Mr., Mrs., Rev.)	Middle:(Please print EXACTLY a	Last: is it appears on Passport)	Suffix:Nickname:
✓	O _l	ption	Price Per Person (USD)
Soar to Mt. Actual flight t	Assiniboine ime is 30 minutes.		340.00
Chinatown Dinner & Discovery This tour is handicap accessible.			95.00

Please make checks payable to Collette and send to:

The Center for Active Living Attn: Art Jacobs 36 Main St

York, ME 03909-6244 Fax: (207) 363-1032